

# Molly Heel Protection

Designed to relieve heels

Movement serves as a protective mechanism against pressure injuries and other bed-related complications. Individuals with decreased sensation, limited mobility, and/or altered consciousness may lack the ability to respond to the body's warning signals, such as pain or discomfort.

In such situations, individuals may need support and relief in lying and sitting positions. Our product series of positioning pillows is used as an aid to relieve pressure and provide support during positioning and position changes, benefiting both the individual and the caregiver. Regular, minor adjustments in position are often enough to ensure proper blood circulation<sup>(1)</sup>, thereby reducing the risk of pressure injuries.

## Example of positioning

### In a supine position

Molly Heel Protection can be used to relieve the heels. Always use a sock or tubular bandage between the skin and Molly Heel Protection. Ensure that the Velcro strap opening is facing upward.



### In a lateral position

Rotate Molly Heel Protection so that the Velcro strap opening is facing down towards the mattress. The heel protector should be loosely positioned to allow rotation around the leg.



## Covers for comfort and hygiene

Molly Heel Protection comes with a liquidproof hygiene cover for easy cleaning.

The liquidproof hygiene cover is manufactured in a four-way stretch<sup>(2)(3)</sup> fabric to reduce the risk of shear forces, and is vapour-permeable<sup>(4)</sup> to lower the risk of skin maceration. The hygiene cover also features a liquidproof zipper.



## Technical specification

Filling	100% visco-elastic foam
Sizes	Small, Medium, Large
Available covers	Hygiene cover (polyurethane coated polyester)
Cleaning instructions	The hygiene cover can be wiped clean with detergent and/or disinfectant. Machine wash at max. 95 °C.
CE-marking	Registered and marked in accordance with MDR (EU) 2017/745



## References

- (1) Lindholm, C. (2018). Sår (4 uppl). Studentlitteratur.
- (2) CDC (2003), Guidelines for Environmental Infection Control in Health-Care facilities, updated 2019.
- (3) SS 876 00 20:2017, Healthcare textiles - Mattresses - Specifications and requirements.
- (4) SS-EN ISO 15496:2004, DIN 53122-1.



Always read the instructions for use prior to use.

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