

# Optimal Mono

Mattress replacement for  
pressure ulcer prevention



Optimal Mono with Olivia/Evac cover.

# Optimal Mono

Optimal Mono is used as an aid in the prevention and treatment of pressure ulcers up to and including category 2<sup>(1)</sup>. The mattress is pressure redistributing and divided into zones, improving comfort and support for the user. It also has reinforced sides to give support when getting into and out of bed.

The label contains the necessary information to ensure easy use of this mattress.

Care of Sweden's mattresses are supplied with a four way stretch hygienic outer cover which conforms to relevant standards for hygiene, quality and safety<sup>(2)(4)</sup>. All covers are manufactured from modern, recyclable materials and are vapour permeable<sup>(3)</sup>, which reduce the risk of skin maceration.



## AVAILABLE COVERS

### Olivia

Drip shield zip on three sides.

### Olivia/Evac

2-piece cover with handles for evacuation.

Low friction top cover is also available.

### Nordic

Welded seams, drip shield zip on three sides and handles on one side.

For need of non hygienic cover, please contact your distributor.

## REFERENCES

(1) European Pressure Ulcer Advisory Panel, National Pressure Injury Advisory Panel and Pan Pacific Pressure Injury Alliance. Prevention and Treatment of Pressure Ulcers/Injuries: Clinical Practice Guideline. The International Guideline. Emily Haesler (Ed). EPUAP/NPIAP/PPPIA: 2019

(2) CDC (2003), Guidelines for Environmental Infection Control in Health-Care facilities, updated 2019

(3) SS-EN ISO 15496:2004, DIN 53122-1.

(4) SS 876 00 20:2017, Healthcare textiles - Mattresses - Specifications and requirements



Always read the instruction for use prior to usage of the product.

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FEATURES & CHARACTERISTICS	FACTS
<p><b>Pressure</b> Elastic material with a module system gives good pressure equalisation.</p> <p><b>Shear forces</b> The mattress is specially designed to minimise the effects of shear forces.</p> <p><b>Moisture</b> The hygienic cover is vapour permeable<sup>(3)</sup>, which reduces the risk of skin maceration.</p> <p><b>Hygiene</b> The cover is easy to clean and has a good hygienic standard<sup>(2)(4)</sup>.</p>	<ul style="list-style-type: none"> <li>• Core: HR foam 45 kg/m<sup>3</sup></li> <li>• Height: 14 cm</li> <li>• Function: prevention and treatment up to and including category 2<sup>(1)</sup></li> <li>• Recommended user weight: up to 160 kg</li> <li>• Fire: EN 597-1, -2</li> <li>• Warranty: 3 years</li> <li>• Cleaning of cover: wipe with cleaning agent and/or disinfectants</li> <li>• Machine wash max 95°C, tumble drying</li> </ul>
	<p><b>SIZES</b></p> <p>80/85/90x200/205/210 cm and 105/120x200/210 cm. If you need any other sizes please contact your distributor.</p>