

## Instructions for use

2021-06-08

# **Optimal Evacuation sheet**

Instructions for use item number: 95-001107







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### WARNINGS AND SAFETY PRECAUTIONS

Read all instructions prior to use

### WARNING!

- 1. Always lower the bed to the lowest position before the evacuation starts.
- 2. Velcro straps should always be used to prevent the user from slipping off the mattress and being injured.
- 3. Never carry the mattress and user in the evacuation sheet.
- 4. Never use the evacuation sheet without a mattress.
- 5. The evacuation sheet is to be placed under the mattress and attached to the mattress with the elastic straps in the corners.
- 6. It is important that the correct side of the evacuation sheet is down, see labelling on the product.
- 7. In contact with fire sources and warm surfaces, such as open fire, a burning cigarette or a warm lamp, the product can be damaged and the function can be impaired.
- 8. The product should not be used after its expected life span has expired, see chapter 5.4.
- 9. The mattress must be used together with mattresses from Care of Sweden.

### 1 Introduction



Always read the instructions for use prior to use.

### 1.1 General information

The Optimal Evacuation sheet is a medical device and is CE-marked in accordance to MDR (EU) 2017/745. According to statutory regulations made by the authorities regarding medical devices, the manufacturer is required to report all accidents or incidents involving there products. We would be very grateful for all information involving accidents or incidents relating to our products, by reporting them immediately to us, here at Care of Sweden.

The product has been tested and approved according to the following standards: SS 876 00 39, SS 876 00 02, SS 876 00 04, SS-EN 20342, SS-EN ISO 14971, SS-EN ISO 10993, SS-EN ISO 12952-1-2.

### 1.2 Intended use

Optimal Evacuation sheet is intended to be used together with mattresses from Care of Sweden to evacuate and move bed bound people out of danger. It can also be used when evacuating in stairs.

Evacuation must be carried out according to local evacuation instructions.

### 1.3 Other information

### Mattress guide

This guide provides guidance to personnel and prescribers when choosing a mattress from Care of Sweden. This information can be obtained from our website, www. careofsweden.com, or ordered from Customer Services (see contact information on the final page).

### 1.4 Evacuation instructions

In case of fire or other emergency, there is no time to think about what to do next. Therefore, it is very important that the safety equipment, as well as the evacuation procedures, are well planned and known in advance.

Optimal Evacuation sheet is equipped with three handles on the short ends. On the sides, there are velcro straps to fixate the user before evacuation. The evacuating sheet has elastic straps in the corners, to attach it to the mattress.

### Warning!

Person to perform an evacuation needs to have the necessary training and follow local evacuation instructions. Always check the equipment before commencing, to make sure an evacuation can be carried out safely.

### **Evacuation instructions**

#### Down from the bed

- Inform the user about what will happen.
- Lower the bed to the lowest position and lock the bed in the position.
- Pull out and fasten the velcro straps so that the mattress forms a tube around the user.
- Use the outer handles at the foot end and turn the mattress out from the bed.
- Slowly pull the user down onto the floor.
- It is recommended to be several people who can check the user's condition during the
  evacuation.



### On an even surface

- Pull on the outer handles at the foot end.
- Working position should be a little bit leaning back.

### Down the stairs

- Walk backwards until the main part of the mattress has slided past the top stair.
- Turn the back to the user and look in the moving direction.
- Hold one hand on the stair handle and pull with the other hand on the middle handle.
- Walk down the stairs. It is important to maintain speed, without running.



#### Note

Evacuation down stairs should only take place if it is absolutely necessary. During training a person should walk and hold on to the head end.

### Training/practise

To bear in mind when training.

Pulling down from the bed:

- Lower the bed to the lowest position.
- The user in the bed should not be at the very top of the mattress. There could be a risk of hitting the head in the bed when pulling down.

Pulling in the stairs:

- Start with pulling an empty mattress down the stairs, in order to practice the technique.
- When training with a person on the mattress, a string or rope can be fasten in the handles at the head end. A second person can then walk behind the mattress and help out if problems should occur.
- It is advisable to practice in the same stairs where an evacuation can be necessary.

### Training equipment

 Because of the heavy strain on the equipment when evacuating, always check the seams and handles at the end of training.

### **Explanations**

- If the velcro straps are not used, there is a risk of the user sliding/rolling down from the mattress.
- Pulling at the foot end reduces the strain on the puller, which means faster and safer evacuation is possible.
- Pulling in the stairs is the most difficult part of the evacuation.
- The arms of the user shall be inside of the velcro straps. This reduces the risk of the user grabbing hold of something out of fear.

Visit the website www.careofsweden.com to get access to additional evacuation instructions.

## 2 Product description and performance

Optimal Evacuation sheet makes it possible to evacuate and move bed bound people out of danger. It can also be used when evacuating in stairs.

Optimal Evacuation sheet is placed under the mattress and is attached to the mattress with elastic straps. It is easy to make the bed with the evacuation sheet in it and it is available in many different sizes, in order to fit most mattresses. It has an ergonomic design and is produced from strong materials that easily glide on dry and wet surfaces. It is also equipped with handles for side movements.

It is a simple and safe aid for evacuation. It meets the demands of the Swedish standard (SS 876 00 39) for evacuation sheets.

Material: Polyamide/polyester

## 3 Unpacking and installation

## 3.1 Unpacking

Check that the package is undamaged. If any damages are found, contact your local distributor before using the product.

### 3.2 Installation

• The evacuation sheet is placed under the mattress. It does not matter what side is at the foot and head end.

- The evacuation sheet is labelled with "This side up". It is important that the correct side is down, since the sheet needs to slide easily.
- Fasten the four elastic straps over the mattress' corners (see picture on the right)
- The evacuation sheet is now ready to be used.

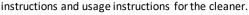


## 4 Reuse, cleaning and reconditioning

The product can be reused. It is important to clean the evacuation sheet before it is used for a new user, see instructions below.



Wipe off with a mild cleaning solution for this purpose such as: alcohol with or without tensides, Isopropanol 70 %, oxidating solutions or chlorine  $\max 1$  %. Excrements and blood spots must be removed immediately with cold water. Carefully follow local













When washing, fasten the velcro straps to each other.

### NOTE!

Check the Evacuation sheet each time the product is cleaned. If damaged, it must be replaced or repaired.

## 5 Other information

## 5.1 Storage

Always store at room temperature in a dry area. Avoid direct exposure of sunlight.

## 5.2 Labelling

The product is labelled with production date, article number, size, care and wash instructions, EAN-bar code, as well as space for own labelling.

## 5.3 Warranty

The Optimal Evacuation sheet has a 2 year guarantee. The guarantee is valid for production errors. The guarantee is not valid for normal wear or deterioration of the product or damages that occur because of careless handling or care of the product.

## 5.4 Life span

The estimated life span of this product is 3 years.

### 5.5 Service and maintenance

The evacuation sheet needs no other service or maintenance than cleaning as described in this instructions for use.

## 5.7 Recycling

All bed products are fully recyclable and should be recycled as "combustible waste". No dismantling needed.

### 5.8 Returns and complaints

Complaints are to be reported to your local distributor. Return of a product shall follow your local distributor's. instructions and can only be done after the complaint has been reported. Damages due to the transport should be reported to the transportation agent.

### **5.9 Symbol Definitions**



Artikelnummer



Manufacturer



Year-Month-Day



Year-Month-Day



CE marked acc. to MDD 93/42/EEC



Recycling



Machine wash at 70 °C



Tumble dry



Drip dry



Do not iron



Do not dry clean



Wipe off



Distributed by





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