

## Optimal Hygienic Pillow & Optimal Sens

Item no. user manual: 95-001623



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## Contents

Important safety instructions	2
Introduction	3
Cleaning	4
Other information	5
Own notes	6

## IMPORTANT SAFETY INSTRUCTIONS

Read all instructions prior to use

### WARNING!

1. The product must only be used for its intended purpose as described in this manual. The product may not be combined, fitted or repaired with other parts, accessories or spare parts other than those described in this manual or other documentation published by Care of Sweden.
2. Do not use in the vicinity of or in contact with fire sources/hot surfaces, such as fire, burning cigarettes or hot lamps. Although the product has undergone fire testing, it could become damaged if it comes into contact with naked flames.
3. The product does not allow liquid or air to penetrate, but is vapour permeable. Make sure that the patient is positioned correctly to avoid the risk of suffocation.
4. Avoid combining the product with other fully covering plastic protectors. The cover's vapour permeability may be affected.

# 1 Introduction



Always read the user manual prior to use.

## 1.1 General information

The Optimal Hygienic Pillow and Optimal Sens are medical devices with CE marking in accordance with MDD 93/42 EEC. In accordance with Swedish Medical Products Agency (Läkemedelsverket) regulations in respect of medical devices, the manufacturer is obliged to report accidents and near-accidents. We would therefore be grateful if any accidents and near-accidents involving our products could be reported immediately to Care of Sweden. The products meet the applicable parts of the following standards: SS 876 00 01, SS 876 00 02, SS 876 00 04, SS-EN ISO 12182, SS-EN ISO 14971, SS-EN ISO 10993-1, SS-EN ISO 12952-1, EN 14126.

## 1.2 Intended use

Optimal Hygienic Pillows have been developed for the needs of the health care service but are also suitable for home use.

## 1.3 Product description

### **OPTIMAL HYGIENIC PILLOW**

The Optimal Hygienic Pillow is a high quality, high comfort pillow with a ball fibre filling.

**Filling:** Polyester/ball fibre

**Optimal pillow case cover:** Polyurethane-coated polyester fabric

**Sizes:** 35x45, 50x60, 50x70 cm

**Warranty:** 1 year

### **OPTIMAL SENS**

The Optimal Sens is a high quality, anatomically shaped sleeping pillow designed in accordance with ergonomic principles to support the head and neck.

**Filling:** Viscose elastic memory foam

**Cover:** Polyurethane-coated polyester fabric

**Size:** 30x48x11/9 cm

**Warranty:** 1 year

## 1.4 Other information

### **Action plan for pressure ulcers**

For the best possible results when using these products, we recommend a structured and planned approach. Examples that can be applied to the use of our products can be found in the “Action plan for pressure ulcers” guidelines.

### **Mattress Guide**

This Guide provides guidance to personnel and prescribers when choosing a mattress from Care of Sweden. This information can be obtained from our website, [www.careofsweden.se](http://www.careofsweden.se), or ordered from Customer Services (see contact information on the final page).

## 1.5 Unpacking

When unpacking, check that no parts are damaged. If any damage is found, contact Care of Sweden before using the product.

## 2 Cleaning

It is important to follow the instructions below before the product is used for another user. If you have any doubt what to do, consult your hygiene manager or retailer for assistance.

### HYGIENE COVER



The cover can be wiped clean with a mild detergent (such as washing-up liquid) and water or with an alcohol-based disinfectant/cleaner, such as DAX surface cleaner or similar. Perform, Virkon or Desisoft can also be used. Excrement and blood stains must be removed as soon as possible using cold water. Follow local instructions and detergent usage instructions carefully.



The cover can be machine-washed at max. 95 °C, tumble-dried, or drip-dried.



Chlorine and phenol-based cleaners could adversely affect the PU surface and should be avoided. If chlorine is used, we recommend a maximum concentration of 1%.

### PILLOW



**Twill pillow** The cover can be machine-washed at max. 60°C, tumble dried or drip-dried.



The hygiene cover completely encloses and protects the core so that it is rarely necessary to clean it. If, in spite of everything, the Optimal Sens pillow does become soiled, clean the soiled area with a mild detergent (such as washing-up liquid) and water (spray it with a shower head, for example).

Then carefully squeeze the water out. NB. Do not wring or roll the foam core to extract water. Let the core dry in a warm, ventilated area (not in direct sunlight). The core must be completely dry before it is used again. Use an alcohol-based disinfectant if required.

### Important!

Check the hygiene cover each time after cleaning. If damaged, it must be replaced or repaired.

## 3 Other information

### 3.1 Warranty

This product is covered by a 1-year warranty. The warranty does not apply to normal wear and tear, nor to product impairment or damage resulting from negligence or improper handling/care.

### 3.2 Life span

The estimated life span of this product is 2 years.

### 3.3 Disassembly and recycling

The product is completely recyclable and must be sorted as "combustible waste". No disassembly is necessary.

### 3.4 Returns and complaints

Complaints are to be submitted to Care of Sweden. Products are to be returned in accordance with our instructions and may only be returned once a complaint has been submitted to Care of Sweden. Transit damage must be reported to the transport company.

### 3.5 Symbol key



Item number



Manufacturer

XXXX-XX-XX

Year-Month-Day



Read the user manual



CE-marked in accordance with MDD 93/42/EEC



Recycling



Machine wash at 60 °C



Machine wash at 95 °C



<1%  
Chlorine



Tumble dry



Drip dry



Do not iron



Do not dry clean



Wipe clean







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