

Instructions for use

2021-07-08

Curera® Positioning

Includes the following products:

Curera® Rectangular Pillow

Curera® Positioning Roll

Curera® Back Support Pillow

Curera® Neck Pillow

Curera® Multi Pillow

Curera® Torso Support Pillow

Curera® Abduction Pillow

Curera® Curved Pillow

Curera® Triangle Pillow

Curera® Support Wedge

Curera® S-Shaped Pillow

Curera® Ear Pillow

Curera® leg/knee separator

Optimal Hygienic Pillow

Optimal Sens pillow

Molly Heel protection



Instructions for use item number: 95-001105



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WARNINGS AND SAFETY PRECAUTIONS

Read all instructions prior to use

WARNING!

1. The product must only be used for its intended purpose as described in this manual. The product may not be combined, fitted or repaired with other parts, accessories or spare parts other than those described in this manual or other documentation published by Care of Sweden.
2. Do not use in the vicinity of or in contact with naked flames or hot surfaces, such as fires, burning cigarettes or hot lamps. Although the product has undergone fire testing, it may become damaged if it comes into contact with fire sources.
3. Position and use the product in a manner that prevents it from being crushed or damaged.
Pay particular attention where bed rails are used. Avoid injury caused by sharp objects that may affect the hygiene cover's function.
4. The hygiene cover does not allow liquid or air to penetrate, but is vapour permeable (vapour is wicked away). Make sure that the patient is positioned correctly to avoid the risk of suffocation.
5. Avoid using other fully covering plastic protectors in combination with the hygiene cover, since this may affect vapour permeability.

1 Introduction



Always read the instructions for use prior to use.

1.1 General information

The Curera® positioning aids are medical devices and are CE-marked in accordance to MDR (EU) 2017/745. According to statutory regulations made by the authorities regarding medical devices, the manufacturer is required to report all accidents or incidents involving their products. We would be very grateful for all information involving accidents or incidents relating to our products, by reporting them immediately to us, here at Care of Sweden.

The products meet the applicable requirements of the following standards: SS 876 00 01, SS 876 00 04, SS 876 00 02, SS-EN-ISO 14971, SS-EN ISO 10993-1, SS-EN ISO 12952-1.

1.2 Intended use

The positioning pillows are intended to be used for positioning, prevention of pressure ulcers/pressure injuries and as an aid to relieve pressure ulcers/pressure injuries (PU/PI).

1.3 Intended user

The positioning pillows are intended to be used by all kind of users.

1.4 Intended use environment

The positioning pillows are intended to be used in all kinds of healthcare environments, including home care.

2. Product description

Products in the Positioning range are designed for user comfort, and it is therefore important to always ask how the user feels. They are easy to use and the pillows have diverse areas of use. Curera® Positioning products come in several different sizes and shapes.

Information about use

- Curera® Positioning must be used in a manner that prevents hyperextension and contractures.
- Positioning can be determined based on diagnosis, and any contraindications must be taken in account.
- We recommend changing position regularly.
- Time intervals must be determined by attending personnel, based on diagnosis, condition and general health.
- For greater user comfort, we recommend not using a hygiene cover directly against the skin.

2.3.1 Curera® positioning pillows

The products are made from durable, machine washable fabric and are available in the following sizes:

- Positioning Roll – 15x60, 20x80, 20x125, 20x225 cm
- Rectangular Pillow – 25x80, 40x70, 50x60, 50x85, 50x100 cm
- Multi Pillow – 45x45, 60x70 cm
- Neck Pillow – Ø32, Ø38, Ø50 cm
- Backrest Pillow – 50x85 cm
- Torso Support Pillow – 47x28x28 cm
- Triangle Pillow – 47x28x28, 62x35x35 cm
- Curved Pillow 75x40x25, 110x75x40, 120x75x30 cm
- Abduction Pillow – 35x55, 54x78 cm
- Ear pillow – 32x32 cm
- S-Shaped Pillow – 200x38, 170x28 cm

Filling: 50 % foam, 50 % polyester fibres

Warranty: 1 year



Example, Curera Rectangular Pillow 25x80 cm

2.3.2 Curera® Support Wedge

Size: 70x26x15/5 cm, 50x25x15/5 cm.

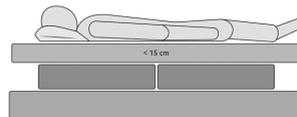
Filling: 100 % cold foam

Warranty: 1 year

Examples of areas of use where Support Wedges are positioned differently depending on the mattress used.

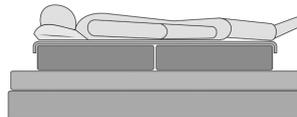
Mattress up to 15 cm in height:

Place two Support Wedges under the mattress.



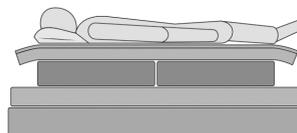
If a mattress overlay is used:

Place two Support Wedges between the overlay and mattress.



Mattress replacement over 15 cm in height:

Place two Support Wedges between the sheet and mattress.



2.3.3 Curera® leg/knee separator

The leg separator is used to keep legs apart. It is made of sturdy foam with a degree of elasticity to provide support for the user. Washable.

Cover: Polyester

Sizes: 9/12/15x16 cm (WxH)

Warranty: 1 year

2.3.4 Optimal hygienic pillow

The Optimal Hygienic Pillow is a pillow with good quality and comfort. It is filled with ball fibres..

Filling: Polyester/ball fibre

Optimal pillow case cover: Polyurethane-coated polyester fabric

Sizes: 35x45, 50x60, 50x70 cm

Warranty: 1 year

2.3.5 Optimal Sens

The Optimal Sens is an anatomically shaped sleeping pillow designed in accordance with ergonomic principles to support the head and neck.

Filling: Viscose elastic memory foam

Cover: Polyurethane-coated polyester fabric

Size: 30x48x11/9 cm

Warranty: 1 year

2.3.6 Molly heel protection

The product has a core of visco-elastic foam and a hygiene cover. The cover is liquid resistant yet vapour permeable, and is removable and washable.

Core: 100% visco-elastic foam (so called memory foam)

Cover: Polyurethane covered polyester

Warranty: 1 year

2.4 Other information

Action plan for pressure ulcers

For the best possible results when using these products, we recommend a structured and planned approach. Examples that can be applied to the use of our products can be found in the "Action Plan for Pressure Ulcers" guidelines.

The Mattress Guide

This Guide provides guidance to personnel and prescribers when choosing a mattress from Care of Sweden. This information can be obtained from our website, www.careofsweden.se, or ordered from Customer Services (see contact information on the final page).

Curera® Positioning Manual

This manual provides you with detailed user information. Available for download from www.careofsweden.se.

2.5 Usage

When unpacking, check that no parts are damaged. If any damage is found, contact Care of Sweden before using the product.

When using Molly heel protector:

1. Place a heel protection size M on the leg. Always use a gauze bandage between Molly and the skin.
2. Molly is produced from visco-elastic foam, which means it will take about 15-20 minutes until the foam has adjusted to the load and it is possible to decide if it is the correct size.
3. Check the distance between the heel and the mattress, this should be approximately 2 cm.
4. If the distance is more than 2 cm, change to size S. If the distance is less than 2 cm, change to size L.

It is also possible to measure the user's leg to decide the correct size.

Leg length: 78,0 - 85,0 cm -- size SMALL

Leg length: 86,0 - 94,5 cm -- size MEDIUM

Leg length: 102,0 - 103,0 cm -- size LARGE

The leg length here is the distance between the anterior iliac crest (spina iliaca anterior superior) to the inner malleoli (medial malleoli).

5. When the user lies on the side, Molly shall be rotated so that the opening is facing the mattress, in order for the height to be correct.

6. When preventing crossing the legs, Molly shall be placed on the healthy leg.

3 Reuse, cleaning and reconditioning

The products are reusable. When reusing, it is important to follow the instructions below for cleaning and reconditioning. Before using the product again for a new user, it is recommended to clean the product in accordance with the instructions below.

3.1 INNER PILLOW - Curera® Rectangular Pillow, Curera® Positioning Roll, Curera® Back Support Pillow, Curera® Neck Pillow, Curera® Multi Pillow, Curera® Torso Support Pillow, Curera® Abduction Pillow, Curera® Curved Pillow, Curera® Triangle Pillow, Curera® Support Wedge, Curera® S-Shaped Pillow, Curera® Ear Pillow:



Prevent over-drying when using a tumble drier/drying cabinet. For faster drying, run the spin cycle 3-4 times.

3.2 PILLOW – Optimal hygienic pillow and Optimal Sens pillow:



The cover can be machine-washed at max. 60°C, tumble dried or drip-dried.



The hygiene cover completely encloses and protects the core so that it is rarely necessary to clean it. If, in spite of everything, the Optimal Sens pillow does become soiled, clean the soiled area with a mild detergent (such as washing-up liquid) and water (spray it with a shower head, for example).

Then carefully squeeze the water out. NB. Do not wring or roll the foam core to extract water. Let the core dry in a warm, ventilated area (not in direct sunlight). The core must be completely dry before it is used again. Use an alcohol-based disinfectant if required.

3.3 FOAM CORE – Molly heel protector



Clean the affected area with a mild cleaning solution for this purpose such as: alcohol with or without tensides, Isopropanol 70 %, oxidating solutions or chlorine max 1 %.

Press out the water carefully. Let the foam core dry in a warm, ventilated area, without direct exposure of sunlight. The foam core needs to be completely dry before it is used again.

3.4 Leg/knee separator



Clean the leg separator with a mild detergent (e.g. washing-up liquid) and water or with a disinfectant/cleaner intended for this purpose.

Let it dry in a warm, ventilated area (not in direct sunlight). It must be completely dry before it is used again.

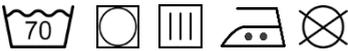
3.5 Hygiene cover



The cover can be wiped off with a mild detergent (e.g. washing-up liquid) and water. If required, use a disinfectant and/or detergent, such as alcohol with/without tensides, oxidising solutions, 1% chlorine or 70% Isopropanol. Excrement and blood stains must be removed as soon as possible using cold water. Carefully follow local instructions and the instructions for the detergent.



3.6 Cotton cover(accessory)



Chlorine- and phenol-based cleaners may adversely affect the PU surface and should be avoided. If chlorine is used, we recommend a maximum concentration of 1%.

Important!

Check the hygiene cover each time the product is cleaned. If damaged, it must be replaced or repaired.

4 Other information

4.1 Storage

Store in a dry area at room temperature. The product must be stored where it will not be subjected to knocks, impacts, etc. Avoid exposing the product to direct sunlight.

4.2 Labelling

The product is labelled with its date of manufacture, item number, size, care and maintenance advice, EAN number.

4.3 Warranty

These products are covered by a 1-year warranty. The warranty does not apply to normal wear and tear, nor to product impairment or damage resulting from negligence or improper handling/care.

4.4 Servicing and maintenance

The product requires no servicing or maintenance other than cleaning as described in this instructions for use.

4.5 Life span

The estimated life span is two years.

4.6 Disassembly and recycling

The product is completely recyclable and must be sorted as "combustible waste". No disassembly is necessary.

4.7 Returns and claims

Claims should be submitted to Care of Sweden. Products are to be returned in accordance with our instructions and may only be returned once a claim has been submitted to Care of Sweden. Transit damage must be reported to the transport company.

4.8 Optional extras and accessories

Description	Art. No.
Hygiene Cover - Curera® Abduction Pillow 35x55 cm	14-001119
Hygiene Cover - Curera® Abduction Pillow 54x78 cm	14-001120
Hygiene Cover - Curera® Multi Pillow 45x45 cm	14-001131
Hygiene Cover - Curera® Multi Pillow 60x70 cm	14-001130
Hygiene Cover - Curera® Neck Pillow Ø 32 cm	14-001126
Hygiene Cover - Curera® Neck Pillow Ø 38 cm	14-001114
Hygiene Cover - Curera® Neck Pillow Ø 50 cm	14-001125
Hygiene Cover - Curera® S-Shaped Pillow 170x28 cm	14-001260
Hygiene Cover - Curera® S-Shaped Pillow 200x38 cm	14-001261

Hygiene Cover - Curera® Rectangular Pillow 25x80 cm	14-001110
Hygiene Cover - Curera® Rectangular Pillow 40x70 cm	14-001113
Hygiene Cover - Curera® Rectangular Pillow 50x60 cm	14-001111
Hygiene Cover - Curera® Rectangular Pillow 50x85 cm	14-001112
Hygiene Cover - Curera® Rectangular Pillow 50x100 cm	14-001115
Hygiene Cover - Curera® Positioning Roll 15x60 cm	14-001137
Hygiene Cover - Curera® Positioning Roll 20x80 cm	14-001145
Hygiene Cover - Curera® Positioning Roll 20x125 cm	14-001136
Hygiene Cover - Curera® Positioning Roll 20x225 cm	14-001135
Hygiene Cover - Curera® Torso Support Pillow 85x65x30 cm	14-001116
Hygiene Cover - Curera® Triangle Pillow 47x28x28 cm	14-001117
Hygiene Cover - Curera® Triangle Pillow 62x35x35 cm	14-001118
Hygiene Cover - Curera® Curved Pillow 75x40x25 cm	14-001412
Hygiene Cover - Curera® Curved Pillow 110x75x40 cm	14-001411
Hygiene Cover - Curera® Curved Pillow 120x75x30 cm	14-001410
Hygiene Cover - Curera® Support Wedge 50x26x15/5 cm	51-100004
Hygiene Cover - Curera® Support Wedge 70x26x15/5 cm	51-100002

Description

Description	Art. No.
Cotton Cover - Curera® Abduction Pillow 35x45 cm	14-001119B
Cotton Cover - Curera® Abduction Pillow 54x78 cm	14-001120B
Cotton Cover - Curera® Multi Pillow 45x45 cm	14-001131B
Cotton Cover - Curera® Multi Pillow 60x70 cm	14-001130B
Cotton Cover - Curera® Neck Pillow Ø 32 cm	14-001126B
Cotton Cover - Curera® Neck Pillow Ø 38 cm	14-001114B
Cotton Cover - Curera® Neck Pillow Ø 50 cm	14-001125B
Cotton Cover - Curera® Rectangular Pillow 25x80 cm	14-001110B
Cotton Cover - Curera® Rectangular Pillow 40x70 cm	14-001113B
Cotton Cover - Curera® Rectangular Pillow 50x60 cm	14-001111B
Cotton Cover - Curera® Rectangular Pillow 50x85 cm	14-001112B
Cotton Cover - Curera® Rectangular Pillow 50x100 cm	14-001115B
Cotton Cover - Curera® Positioning Roll 15x60 cm	14-001137B
Cotton Cover - Curera® Positioning Roll 20x80 cm	14-001145B
Cotton Cover - Curera® Positioning Roll 20x125 cm	14-001136B
Cotton Cover - Curera® Positioning Roll 20x225 cm	14-001135B
Cotton Cover - Curera® Torso Support Pillow 85x65x30 cm	14-001116B
Cotton Cover - Curera® Triangle Pillow 47x28x28 cm	14-001117B
Cotton Cover - Curera® Triangle Pillow 62x35x35 cm	14-001118B
Cotton Cover - Curera® Curved Pillow 75x40x25 cm	14-001412B
Cotton Cover - Curera® Curved Pillow 110x75x40 cm	14-001411B
Cotton Cover - Curera® Curved Pillow 120x75x30 cm	14-001410B

Cotton Cover - Curera® Support Wedge 50x26x15/5 cm
Cotton Cover - Curera® Support Wedge 70x26x15/5 cm

51-100004B
51-100002B

Cotton Cover - Curera® S-Shaped Pillow 200x38 cm
Cotton Cover - Curera® S-Shaped Pillow 170x28 cm

14-001146B
14-001147B

Cotton Cover - Curera® Ear Pillow 32x32 cm

14-001144B

4.9 Symbol key



Item number



Manufacturer

XXXX-XX-XX

Year-Month-Day



Read the instructions
for use



CE-marked in accordance
with Medical Device
Regulation (EU) 2017/745



Recycling



Do not
tumble dry



Tumble dry



Drip dry



Do not dry clean



Do not iron



Iron with medium
temperature (Max. 150 °C)



Wipe clean



Chlorine



Do not wash
with water



Machine wash
at 70°C



Machine wash
at 95°C



UDI



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 care of sweden

SUPPORTING LIFE

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