

# Optimal Mono

Good value quality mattress for all  
health care environments



Optimal Mono with Olivia cover.

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Optimal Mono is a good value quality mattress ideal for use in all health care environments. The mattress is pressure redistributing and divided into zones, improving comfort and support for the user. It also has reinforced sides to give support when getting into and out of bed.

The unique label contains the necessary information to ensure safe and easy use of this mattress.

Care of Sweden's mattresses are supplied with a four way stretch hygienic outer cover which conforms to relevant standards for hygiene<sup>(2)</sup>, quality and safety. All covers are manufactured from modern, recyclable materials and are vapour permeable<sup>(3)</sup>, which reduce the risk of skin maceration.



## AVAILABLE COVERS

### Olivia

Drip shield zip on three sides.

### Olivia/Evac

2-piece cover with handles for evacuation.

Low friction top cover is also available.

### Nordic

Welded seams, drip shield zip on three sides and handles on one side.

For need of non hygienic cover, please contact your distributor.

## REFERENCES

(1) \*Haesler, E. (Ed). National Pressure Ulcer Advisory Panel, European Pressure Ulcer Advisory Panel and Pan Pacific Pressure Injury Alliance. (2014). Prevention and Treatment of Pressure Ulcers: Clinical Guideline. Cambridge Media: Perth, Australia.

(2) ISO 16603 "resistance of penetration by blood and body fluids", ISO 16604 "resistance of penetration by blood-borne pathogens", EN 14126.

(3) SS-EN ISO 15496:2004, DIN 53122-1.




Always read the instruction for use prior to usage of the product.

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FEATURES & CHARACTERISTICS	FACTS
<p><b>Pressure</b> Highly elastic, high-quality material with a unique module system gives effective pressure equalisation.</p> <p><b>Shear forces</b> The mattress is specially designed to minimise the effects of shear forces.</p> <p><b>Moisture</b> The hygienic cover is vapour permeable<sup>(3)</sup>, which reduces the risk of skin maceration.</p> <p><b>Hygiene</b> The cover is easy to clean and has a very well documented hygienic standard<sup>(2)</sup>.</p>	<ul style="list-style-type: none"> <li>• <b>Core:</b> HR foam 45 kg/m<sup>3</sup></li> <li>• <b>Height:</b> 14 cm</li> <li>• <b>Function:</b> Prevention and treatment up to and including category 2<sup>(1)</sup></li> <li>• <b>Recommended user weight:</b> 0-160 kg</li> <li>• <b>Fire:</b> EN 597-1, -2</li> <li>• <b>Warranty:</b> 3 years</li> <li>• <b>Cleaning of cover:</b> Wipe with cleaning agent and/or disinfectants</li> <li>• <b>Machine wash max 95°C, tumble drying</b></li> </ul>
 <p><b>Mattress selector</b> - Guidelines when choosing a product See how to choose the right mattress at: <a href="http://www.careofsweden.com/mattress-selector">www.careofsweden.com/mattress-selector</a></p>	<p><b>SIZES</b></p> <p>80/85/90x200/205/210 cm and 105/120x200/210 cm. If you need any other sizes please contact your distributor.</p>